

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza ♻️ Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Chicken, Vegetable and Mash Pie ♡ Served with Gravy	Beef Bolognese ♡ ♡ Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Stir Fried Vegetable Rice ♻️ ♡ ♡	Vegetarian Burger ♻️ Served with Potato Wedges	Vegetable Pastry Roll ♻️ Served with Mashed Potato and Gravy	Vegetarian Bolognese ♻️ ♡ ♡ Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets ♻️ Served with Chips
JACKET POTATO	Jacket Potatoes ♡ ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♡ ♻️ with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes ♡ ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♡ ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♡ ♻️ with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ ♡				
	All main meals are served with two vegetables				
DESSERT	Chocolate Brownie	Crispy Crackle Bar with Fruit 🍏	Carrot, Orange and Sultana Slice 🍏	Original Flapjack	Vanilla Ice Cream

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian 🐟 Oily Fish ♡ Wholegrain

🍏 Fruity! ♡ Nutritionist's Choice

be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 2

W/C: 06/11, 27/11, 18/12, 29/01, 19/02, 11/03, 01/04, 22/04, 13/05

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza   Served with Potato Wedges	Sweet and Sour Chicken    Served with Wholegrain Rice	Roast Turkey   Served with Roast Potatoes and Gravy	Sausage Pasta Bake  Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Vegetarian Cottage Pie   Served with Gravy	Macaroni Cheese 	Cheesy Leek and Carrot Crumble  Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake  Served with Garlic and Herb Bread	Crispy Quorn Nuggets  Served with Chips
JACKET POTATO	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta  				
	All main meals are served with two vegetables				
DESSERT	Apple Crumble with Custard 	Crunchy Chocolate Biscuit	Vanilla Sponge with Custard	Carrot Cake 	Strawberry Ice Cream

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice

be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 3

W/C: 13/11, 04/12, 25/12, 15/01, 05/02, 26/02, 18/03, 08/04, 06/05 27/05

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza   Served with Potato Wedges	Cauliflower Macaroni Cheese    Served with Garlic and Herb Bread	Roast Turkey  Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma   Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
JACKET POTATO	Chilli No Carne with Crispy Tortilla    Served with Wholegrain Rice	Spanish Vegetable Rice   	Sweet Potato and Chickpea Roast   Served with Roast Potatoes and Gravy	Caribbean Chickpea Coconut Curry    Served with Wholegrain Rice	Crispy Quorn Nuggets  Served with Chips
	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta  				
	All main meals are served with two vegetables				
DESSERT	Magic Apple and Cinnamon Bake 	Strawberry Jelly	Orange Drizzle with Fruit 	Pineapple Upside Down Cake with Custard	Chocolate Ice Cream with Shortbread Biscuit

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice

be assured that all notified medical diets and allergy requirements will be safely catered for.