



**Kidbrooke Park Primary
School
Nursery Learning
Overview
Spring 1 – People Who
Help Us**



Our topic and learning

Welcome back Nursery children and families. We hope you had a restful break and, if celebrated in your home, enjoyed the Christmas festivities. We're excited to begin our new learning journey, '**People Who Help Us**', where we explore helping others and learning about key roles in our communities. We begin with the children's knowledge of how our families help us and our helpers at school, building to wider understanding of what it truly means to help others. We'll look at doctors, teachers, firefighters, nurse, police and other occupations of interest to the children.

This term, our priorities are tailoring learning to your child's needs and building an educational foundation that'll sustain them throughout their school journey. We have started our Phonics, learning the sounds **s,a,t,p,i,n**. Children learn to hear our sounds first; we practise saying the sound and listening to it in lots of different words, including rhymes. We learn one new sound per week through songs, games practise and pictures.

Spring 1 Learning Aims

This half term, our Nursery topic is focused on **People Who Help Us**. We learn about the important roles of people who help us in our home and family, and then the wider community. We'll discover their stories through books, role play, and real-life examples.

Aim:

1. To recognise the important roles played by people who help us in our community and to show respect and gratitude for the different ways individuals support and care for others.
2. To develop an understanding, sensitivity, and appreciation for the traditions and customs of Lunar New Year and Valentine's Day.
3. To develop communication, creativity, and curiosity through hands-on activities, storytelling, role play and learning experiences linked to our learning.

The Prime Areas of Learning
Communication and Language

This term we will continue developing speaking and listening skills through group discussions, small-world play and role play linked to community helpers. Children will practise taking turns, listening to others, and using new vocabulary related to helping jobs and real-life experiences.

Personal, Social and Emotional



We will continue exploring emotions using our colour zones (Green, Yellow, Red and Blue). Children will learn how different people help us when we feel

unwell, upset, or need support, and how we can help our friends too. We will focus on building independence, confidence, and positive relationships.

Physical Development (Fine and Gross Motor Skills)

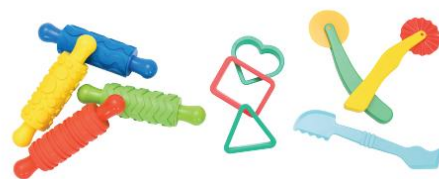
Children will develop fine motor skills through mark-making, cutting, drawing, and pre-writing patterns such as circles, lines, zig-zags, and spirals. These activities help strengthen their hand muscles and prepare the children for early writing. Gross motor skills will be developed through outdoor play and movement activities, working our arms and our shoulders all the way down to our hands.

Nursery's Special Books

- 'Emergency!' By Margaret Mayo
- 'Doctor' by Lucy M George
- 'Maisie Goes to Hospital' by Lucy Cousins
- 'A Superhero Like You' by Dr Ranj
- 'Firefighter' by Lucy M George
- 'Olu's Teacher' by Jamel C Campbell
- 'Police' by Lucy M George

Maths

During Spring 1 we will secure our understanding of patterns and pattern making, as well as shapes. We'll make our own patterns (using art, sounds and objects) and link it to our understanding of 1,2 and 3.



Creative Learning

We're busy creators this term! Children will help make large scale ambulances, police cars and a magical dragon for Lunar New Year. We'll end the term with some special Valentine's cards, using all our early writing skills.

Forest School

Our much-loved site is having a 'sleep' so that the earth and plants can recover from all the busy learning we achieved in the Autumn term. Our children learn that Forest School needs a rest in the Winter, much like us. Instead, we're growing independence by teaching children how to access our play outside. What do we need to wear to be in this weather?

How can we play, how is it different? How will we learn outside in the cold, the wet or even the dark? Our outside learning is rich with seasonal opportunities and always the offer of our cosy classroom and a snack once we're back inside. Please make sure your little one comes to school with appropriate clothes – a warm, waterproof coat is a must.

A message from the Nursery Team

Please let us know if you are a person who helps! We're always looking for people in the community who can come and talk to the children about their job and the way it helps others. If you know a policeman, nurse, carer, vet, bin man, or fireman who can help us bring this topic alive for the children, please let us know. Have a wonderful term and let us know any way we can help and support your child.

-Mrs Gardner and the Nursery Team

