

# Kidbrooke Park Primary School

## Kite Class Curriculum Overview

### Summer 1 Term – Where Our Food Comes From

#### Welcome to Summer 1!

As we move into Summer 1, Kite Class will be exploring the topic **Where Our Food Comes From** - focusing on food, farms, and healthy living. This term will provide hands-on, sensory and practical learning experiences to help children understand where food comes from and how we use it in everyday life.

All learning is carefully planned to develop **Communication and Language, Cognition, Sensory Regulation, SEMH and Physical Development**, with activities highly differentiated to meet individual needs and EHCP outcomes.

Learning will be practical, structured and repetitive to support engagement, independence and confidence.

#### Topics

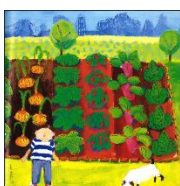
##### Where Food Comes From

Children will explore where food comes from through sensory play, role-play and real-life experiences. They will handle, taste and sort fruits and vegetables, and begin to understand simple ideas such as growing, harvesting and eating.

They will also learn about key jobs such as farmers, chefs and shopkeepers through play, stories and songs.

##### Healthy Eating Food Choices

Children will explore different foods and begin to identify healthy and unhealthy choices. They will take part in tasting activities and sorting tasks, supported to express preferences using core



#### Art and Design

Children will explore colour and mixing and printing using fruit and vegetables, creating sensory artwork linked to food.

#### Design and Technology

Children will sort foods into meal types (breakfast, lunch, dinner) and take part in simple “make my meal” activities using real and pretend foods.

#### Learning Technologies

Children will use simple devices to take photos of food activities and explore cause-and-effect through buttons and communication aids.

#### Music

Children will explore long and short sounds using instruments and voice, linked to food, growth and movement themes.

#### Physical Development

Children will take part in food preparation, outdoor learning and movement games linked to farm animals and healthy living.

#### Play and Physical Activity

Children will engage in group games and turn-taking activities to build interaction, confidence and shared play skills.

#### Science (Humans)

Children will explore taste, texture and simple healthy and unhealthy foods, developing awareness of how food affects our bodies.

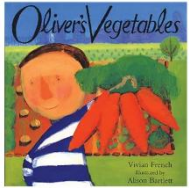
#### SRE (Self-Care)

Children will follow structured handwashing routines linked to food preparation and independence skills.

vocabulary such as - like, don't like, more and finished.

### **Food Preparation and Independence**

Children will take part in simple food preparation activities such as spreading, stirring and mixing. They will follow visual routines and adult modelling to build independence and confidence in life skills.



#### **Core Book**

Our core text this term is **Oliver's Vegetables**. Children will explore the story through sensory props, repetition, sequencing and role play, supporting communication and understanding of food and growth.

#### **Key Vocabulary:**

- Eat
- Drink
- More
- Finished
- Like
- Don't Like
- Fruit
- Vegetable
- Farmer
- Chef
- Shopkeeper
- Healthy
- Unhealthy

#### **EHCP Focus**

**Communication and Language** – Core vocabulary, choice making and expressive communication.

**Cognition** – Sorting, sequencing, and understanding simple processing

**SEMH** – Turn-taking, shared play and confidence building

**Sensory Regulation** – Exploring textures, tastes and sensory experiences

### **People Who Help Us**

Children will explore the roles of farmers, chefs and shopkeepers through role play, stories and songs.

#### **Phonics**

Children will continue to develop early phonics skills through Little Wandle. Learning will focus on sounds awareness, rhyme and early letter recognition through multi-sensory activities.



#### **Mathematics**

Children will develop early Maths skills through practical activities including counting, sorting, matching, and exploring concepts such as more, less, full and empty. Learning will be embedded across daily routines.

#### **How this supports learning**

This topic will:

- Build independence in daily life skills
- Develop communication in real life contexts
- Support sensory exploration and regulation
- Encourage engagement through practical learning
- Develop early understanding of food and healthy living

Learning is structured, repetitive and highly practical to support progress and confidence.

Thank you for your continued support. If you have any questions, please do not hesitate to get in touch.

We are looking forward to a happy and successful Summer Term 1 in Kite Class.

**Kind Regards,**

The Kite Class Team



**Physical Development** – Fine motor food prep and gross motor outdoor learning.